

Joyful Heart Foundation

Heal the Healers Fund Grant Program

2024 REQUEST FOR PROPOSAL

Overview

The **Heal the Healers (HTH) Fund grantmaking** program is a micro-grant fund created by the Joyful Heart Foundation to provide financial support for professionals working directly with survivors. These grants will be awarded to organizations who wish to develop programs or buy equipment to support their colleagues who may be experiencing or at risk of experiencing vicarious trauma as a result of their work. The HTH Fund aims to provide communities with programming, training, or equipment that can sustain wellness within the organization beyond the grant cycle through including aspects of the pillars of self-care: mental, emotional, physical, environmental, spiritual, recreational, and social wellbeing.

Funding Amounts and Duration

Grant sizes vary but typically range from \$1,000 to \$5,000 (maximum) and organizations should make clear in their application how that grant will benefit their colleagues and enable them to continue to provide support to survivors. The grant period is up to one year from the award date. A final report (via a template provided by the Foundation) is required and due no later than 30 days following the project completion date.

In addition to the financial support, grantees will also be invited to join a peer learning community cohort that includes:

- virtual peer to peer networking opportunities;
- virtual training/presentations by leading healers, therapists and other professionals with expertise in cutting edge vicarious trauma, empowerment, leadership and therapeutic modalities;



- and opportunities to amplify their fellowship/cohort experiences to inspire others in the field.

Areas of Support

The Joyful Heart Foundation has established the following guidelines for its Heal the Healers Fund grants to support those working directly with survivors in the following areas.

1. **Training and/or program development** on self-care practices such as training in trauma-informed yoga, breathwork, somatic therapy, etc.
2. **Small capital items and equipment** that specifically allow staff and volunteers to address their self care needs such as daylight lamps for staff or new furniture for a break room.
3. **Staff activities** to build and support connections between colleagues such as, trust building experiences, monthly pizza nights, or bagel Fridays.

NOTE: While consulting/training services and other costs related to the proposed project are welcome, these small grants are not intended to support staff salaries/positions such as hiring a new position, covering staff hours, etc.

Eligibility Requirements/Qualifying Applicants

The Heal the Healers Fund considers grant requests from governmental and non-profit professionals working directly with survivors of sexual or domestic violence and child abuse in the US. This includes professionals such as: law enforcement working on special victims cases, SAFE nurses, therapists, victim advocates, prosecutors, crisis hotline workers, etc. We realize that many agencies and professionals fit these criteria and therefore we ask that organizations must be certified as tax exempt under Section 501(c)(3) of the Internal Revenue Code or use a fiscal sponsor with 501(c)(3) tax status. Public entities such as Tribal Governments, police departments, and prosecutor's offices are also eligible. The Heal the Healers (HTH) Fund Grant program does not make grants to individuals.

Heal the Healers Fund grants are **NOT** available for general operating support (staff salaries, rent, utilities, etc.), fundraising events, or endowment funds.

Application Process

Timeline

The Joyful Heart Foundation awards grants annually. Proposals are due on April 8, 2024.

Inquiries received after **April 8, 2024** will not be addressed until the following calendar year. The HTH Fund makes grants based on the following deadlines:

| | |
|------------------|---|
| Feb 26, 2024 | Request for proposals goes live. |
| April 8, 2024 | <p>Deadline to submit completed proposal.</p> <p>After submission via email, you will receive a receipt that the proposal has been received. Please retain this receipt for your records. Contact us at healthealers@joyfulheartfoundation.org if you do not receive a receipt as this means your proposal has not been received and will not be considered.</p> |
| April - May 2024 | <p>Heal the Healers Grant Advisory Committee will review and make grant recommendations to the JHF Board.</p> <p>Grant requests are reviewed by Heal the Healers Grant Advisory Committee against a grant rubric before final recommendations are offered to the Foundation Board. See the below framework that the Committee will consider when making grant funding decisions. Requests should score well in several categories to increase the likelihood of success.</p> |
| June 3, 2024 | <p>Final decisions made.</p> <p>All applicants will be contacted about the status of their application.</p> |
| July 31, 2025 | Report back due by all grantees. |

Selection Framework

The following criteria are the framework upon which each grantee will be scored. Please ensure each criteria is addressed in your application.

Alignment: Is the initiative a strong fit with the Heal the Healer Fund goals?;

Impact: Will the project have long-term impact within the organization in a way that enables staff to better serve survivors? Is the program scalable/replicable?

Need: Is there a clearly defined organizational need?

Plan: Is the request reasonable and well-thought out?

Leadership: Has leadership bought into this program? Is there personnel available to oversee the implementation of the proposal?

Underserved population: Will the grant have an impact on historically marginalized or underserved populations?

Finances: Does the proposal include a reasonable budget with a compelling use of funds? Could this request be sustained after the funding?

Proposal Requirements

The Heal the Healers Fund is looking to partner with professionals and agencies that are proactive problem solvers. With that focus, please be sure to convey how your agency/organization's staff has struggled with vicarious trauma and how the HTH Fund can be your partner in ultimately providing support to your colleagues.

To be considered for funding, please write a short proposal including the two narrative sections below and email it as a **pdf attachment saved as HTH2024_(YOUR AGENCY)** to our email address **healthhealers@joyfulheartfoundation.org**. Proposals missing any of these areas will receive a significant negative impact in scoring.





Grant Application

About your Organization/Agency:

1. Name
2. Address
3. Type of organization/agency (i.e. law enforcement, victim advocate, nurse, attorney)
4. Primary contact (name, title, email, phone)
5. Website address
6. Tax ID/EIN number
7. Current operating budget or organization/agency
8. Name of department within larger organization/agency applying for funds (if applicable)
9. Current operating budget of department (if applicable)
10. Number of staff working directly with survivors of domestic and/or sexual violence and/or child abuse
11. Total number of staff
12. Number of volunteers (if applicable) working directly with survivors of domestic and/or sexual violence and/or child abuse
13. Total number of volunteers (if applicable)

Proposal

OPTIONAL: Instead of a written proposal, applicants may submit a video link to a five (5) minutes uploaded to YouTube, VIMEO, or Google Drive. Please do not password protect these videos. All videos should have auto captions turned on.

1. Amount of funds requested
2. An estimated timeline for how the funds will be utilized (not to exceed one year)
3. Type(s) of support you are requesting: training and/or program development; small capital items and equipment; staff activities
4. Organization/agency's mission statement and work (250 words or less)

5. Description of the population served by your organization/agency (250 words or less)

6. Reason/Need for grant request (250 words or less)

7. How this funding will support your staff and the survivors you serve (250 words or less)

8. A brief yet compelling summary of the purpose of the request and activities to be supported and how this project is supported by the leadership of your organization/agency (650 words or less)

Continued:

I certify that I reviewed my organization profile and the information provided is accurate and current.

* If selected, recipients will be required to provide an IRS determination letter and most current Form 990.

** If you are unsure as to whether your proposal qualifies or have questions regarding our process, please contact: **healthhealers@joyfulheartfoundation.org**

It is an honor and a privilege to have the opportunity to provide support to all types of professionals working directly with survivors of sexual assault, domestic violence and child abuse who wish to develop programs or buy equipment to support their colleagues who are grappling with the effects of vicarious trauma. We look forward to hearing your ideas and hope that you reach out with any questions about the application process.